

Date____/____/____



PERSONAL TRAINING REQUEST

Client Name_____ Date of Birth ____/____/____

Email Address_____

Home Phone #_____ Cell Phone #_____

Days & Time Available for Training_____

Times Per Week You Wish to Work with a Trainer_____

Do You Prefer a Specific Trainer? Trainer's Name_____

Please list ALL Health and Fitness Goals:

Please return this form to the Huntley Park District Fitness Center:

12015 Mill Street, Huntley, IL 60142

847-669-3180

www.huntleyparks.org

Thank you for your request.

A Personal Trainer will contact you as soon as possible.