

Huntley Park District Youth Basketball League Rules 1st & 2nd Grade Coed

Program Objectives

This program is developed to teach the players the basics of basketball. This includes passing, dribbling, shooting, offensive strategies, defensive strategies, teamwork, sportsmanship, physical fitness, and to have fun while participating in sports. It is our goal to introduce a new phase of the game each year to enhance the playing experience within our league.

Game Conduct

Both teams must line up and shake hands at the conclusion of the game. Any acts of unsportsmanlike conduct at this time or any time throughout the game will be dealt with by the Athletic Department.

Game Rules

- 1. Length of Games:** Four (4) - Five (5) minute quarters (running time)
 - Before the game begins the clock will be set for 5 - 10 minutes to allow for warm-ups.
 - Change baskets at half time. (2 quarters)
 - 2. Ball Size:** 1st Grade - Elementary/Rookie size 4 ball
2nd Grade - Junior Size 27.5"
 - 3. Roster Size:** Every team will have a minimum of 7 players and a maximum of 10 players
 - If a team should have more than 10 players, it is the coach's responsibility to rotate players so that all players play as close to equal playing time **throughout the year**.
 - 4. Possession:** The referee/coach will decide which team will have the first possession of the game. Possession will alternate each quarter.
 - 5. Defensive pick-up:** The defense must pick-up their offensive player NO earlier than the 3-point arc on the defensive side. Defensive teams may not go past the 3-point arc while playing defense.
 - 6. Defense allowed:** Man - To - Man defense only. No double teaming allowed.
- STEALING:**
1st Grade - ***No Stealing*** There is no direct stealing allowed. Every player is given space to dribble and ability to stand with the ball without a defensive player attempting a steal. If a player loses control of the ball by themselves, the loose ball may be gathered by the defensive team or if the ball is thrown to the defensive team possession, then changes.
2nd Grade: **Stealing** of the ball is permitted within the rules of basketball. Fouls will be enforced for any rough play, reaching in, etc...
Both Levels: Emphasis should be placed on playing defense with your feet, not your hands.
- 7. Full Court Press & Fast Break:** Neither are allowed at these levels.
 - 8. Fouls:** Nobody fouls out. However, if a player commits repeated fouls or is constantly disrupting the game the referee reserves the right to have that player sit out the remainder of that period. That player may return to the game once it is their turn to play again. All other fouls will be under the referee's discretion. Possession will be awarded to the non-offending team for all fouls committed.
 - 9. Time outs:** One (1) Timeout/team per half. Timeouts will be 1-minute in length.
 - 10. Substitutions:** At the end of each quarter every player on the bench must come into the game (if attendance permits). *It is the intent that a player not play more than 2 consecutive quarters during the game.*