My Child is Impacted by COVID-19. What Do I Do Now?



My Child is...

Positive for COVID-19

10 Day **Exclusion** Period

Exclusion through day 10 with release on day 11. Exclusion is calculated 10 days for asymptomatic individuals).

A student who tests positive will still be excluded even if they obtain a negative test result from other tests.

Vaccinated and a Close **Contact**

No **Exclusion Period**

(Unless your child develops symptoms)

Recommended to test 5-7 days post

exposure.

Option 1 **Option 2** 14 Day **Exclusion**

(Standard Exclusion Period)

Period

Exclusion through day 14 with release on day 15.

10 Day **Exclusion**

Period

Exclusion through day 10 with release on day 11. Student must obtain a negative PCR test that was collected on day 8 or 9. Rapid and Antigen tests

not accepted.

Options 2, 3, and 4 above may not be available to all students. The availability

of these options is determined by the school and/or MCDH and may change

based on the circumstances of your child's exposure to COVID-19 or the level of

community transmission in McHenry County.

These options are for return to school and/or extracurriculars only. The student

should follow the standard exclusion period (14 days) outside of these settings.

7 Day

Unvaccinated and a

Close Contact

Exclusion through

Exclusion

Period

Option 3

tudent must obtain Antigen tests not

Option 4

Test-to-stay **Program**

Test-to-stay requires testing on site at the school on days 1, 3, 5, and 7 post exposure (with adjustment for weekends, holidays, and day of exposure).

A Close Contact to a **Household Member** who Tested Positive

Is Your Child Vaccinated?

No Yes

No **Exclusion** Period

(Unless your child develops symptoms)

Recommended to test 5-7 days post exposure.

14 Day **Exclusion**

Period Exclusion for 14

days from last exposure with ousehold member If case and close contact cannot separate from each other, exclusion will be longer than the standard 14 days.

Having COVID-19 Symptoms and Who is Not a Known Close Contact or Part of an Outbreak 1

Option 1

Return to School²

After receiving a negative COVID-19 test result from a local pharmacy, clinic, or school (if provided). Test must be done within 48 hours of symptom onset.

Option 2

Remain Home

If not tested within 48 hours of onset, must stay home for 10 days from the onset of symptoms.

Your child's siblings may stay in school if the symptomatic child is tested for **COVID-19 within 24 hours of symptom** onset. If your symptomatic child is not tested within 48 hours of symptom onset, siblings must remain home for 10 days from the onset of your symptomatic child's symptoms.

This document provides a summary of how a COVID-19 positive, close contact, or symptomatic student may be impacted. Please note, each individual case will be evaluated on it's own merits and MCDH has final say on all cases. Please reference the McHenry County P-12 Interim School Guidance for more information and updates due to increased transmission level of COVID-19.

^{1.} Symptoms of COVID-19 include fever (100.4°F or higher), new onset of moderate to severe headache, shortness of breath, new cough, sore throat, vomiting, diarrhea, new loss of sense of taste or smell, fatigue from unknown cause, muscle or body aches from unknown cause.

^{2.}Even if your child tests negative for COVID-19, they should not return to school while experiencing certain symptoms (such as fever, vomiting, or diarrhea). Please follow your school's guidelines with regards to when a student can return to school for illnesses other than COVID-19.