

Tumbling

Spotlight Performance Tumbling Classes

These classes are full of energy and encouragement to provide a positive learning experience for each individual. Check out the program descriptions for the fun.

Wiggle Time Tumbling

(Ages 3-4 years with Parent)

This Wiggle Time class is a world of discovery for both parent and child! Children at this age need an active environment to challenge them both physically and mentally. This class is designed to introduce children into a "class" environment as well as begin to teach tumbling skills that are developmentally appropriate: forward rolls, straddle rolls, backwards rolls and bridges, log rolls and possibly cartwheels.

REC Center Multipurpose Room
Minimum 6 / Maximum 12

CODE	DAY	DATE(S)	TIME	FEE
110052-01	Sat.	1/9-2/13	10:15-10:45 a.m.	\$50/\$75
110052-02	Sat.	3/6-4/24	10:15-10:45 a.m.	\$50/\$75
110052-03	Sat.	5/1-6/12	10:15-10:45 a.m.	\$50/\$75

No class 3/20, 3/27 and 5/29

Kinder Tumbling

(Ages 5-6 years)

Calling all gymnasts! Kids, come and learn forward & backward rolls, cartwheels, round-offs, handstands, back bends and front limbers. This action packed class will include warming-up and conditioning. Your child will also improve his/her flexibility and strength. Gymnasts will advance at their own pace.

REC Center Multipurpose Room
Minimum 6 / Maximum 12

CODE	DAY	DATE(S)	TIME	FEE
110053-01	Sat.	1/9-2/13	9:15-10:00 a.m.	\$50/\$75
110053-02	Sat.	3/6-4/24	9:15-10:00 a.m.	\$50/\$75
110053-03	Sat.	5/1-6/12	9:15-10:00 a.m.	\$50/\$75

No class 3/20, 3/27 and 5/29

Beginner Tumbling

(Ages 42 months-5 years without parent)

Introduce your child to beginning tumbling. Skills include forward and backward rolls, straddles, pikes, tucks, balance beam, and much more! Child must be appropriate age by first day of class. Class is taught by Spotlight Performance instructor.

REC Center Multipurpose Room Minimum 6 / Maximum 8

CODE	DAY	DATE(S)	TIME	FEE
110032-01	Thurs.	1/7-2/11	9:50-10:30 a.m.	\$50/\$75
110032-02	Thurs.	2/25-4/8	9:50-10:30 a.m.	\$50/\$75
110032-03	Thurs.	4/22-5/27	9:50-10:30 a.m.	\$50/\$75

No class 4/1

Parent/Tot Tumbling

(Ages 24-41 months with parent)

What a great opportunity to spend quality time with your toddler! The program will include stretching, motor skill games, and basic tumbling. Parents must accompany the child during the program and the child must be the appropriate age by the first class. Class is taught by Spotlight Performance instructor.



REC Center Multipurpose Room Minimum 6 / Maximum 10

CODE	DAY	DATE(S)	TIME	FEE
110031-01	Thurs.	1/7-2/11	10:40-11:20 a.m.	\$50/\$75
110031-02	Thurs.	2/25-4/8	10:40-11:20 a.m.	\$50/\$75
110031-03	Thurs.	4/22-5/27	10:40-11:20 a.m.	\$50/\$75
110031-04	Thurs.	1/7-2/11	11:30-12:10 p.m.	\$50/\$75
110031-05	Thurs.	2/25-4/8	11:30-12:10 p.m.	\$50/\$75
110031-06	Thurs.	4/22-5/27	11:30-12:10 p.m.	\$50/\$75

No class 4/1

Beginning I Tumbling

(Ages 7+)

Learn basic tumbling skills, stretch & strengthen your body with Miss Maggie, a former level 10 USTA & USAG competitive power tumbler!

Center Stage Dance Studio Minimum 6 / Maximum 12

CODE	DAY	DATE(S)	TIME	FEE
110133-01	Sat.	1/9-3/27	1:45-2:30 p.m.	\$114/\$124
110133-02	Sat.	4/10-6/5	1:45-2:30 p.m.	\$86/\$96

Beginning II Tumbling

(Ages 8+)

Expand upon your tumbling skills in this next level. Must have past tumbling experience and teacher approval.

Center Stage Dance Studio Minimum 6 / Maximum 12

CODE	DAY	DATE(S)	TIME	FEE
110134-01	Sat.	1/9-3/27	12:45-1:30 p.m.	\$114/\$124
110134-02	Sat.	4/10-6/5	12:45-1:30 p.m.	\$86/\$96

Dance Classes

Ballet/Tap

(Ages 2-4)

Join in on the fun with Brenda Adams as she works with your child to help them develop his/her balance, coordination and dance skills. Moving through music is a fun filled way to learn how to dance. Our spring dance recital will be held at the end of the session and those who wish to participate will need to purchase a costume. More information will be handed out at class. Children should have tap and ballet shoes, but specific dance clothing such as a leotard is optional. Registration deadline is January 22.



REC Center Dance Studio Minimum 6 / Maximum 8-12

CODE	AGE	DAY	DATE(S)	TIME	FEE
110049-01	2	Sat.	2/6-5/15	11:30-12:00 p.m.	\$90/\$116
110049-02	2	Sat.	2/6-5/15	1:15-1:45 p.m.	\$90/\$116
110049-03	2	Sat.	2/6-5/15	3:45-4:15 p.m.	\$90/\$116
110049-04	2	Sat.	2/6-5/15	12:15-12:45 p.m.	\$90/\$116
110049-05	3-4	Sat.	2/6-5/15	9:00-9:30 a.m.	\$90/\$116
110049-06	3-4	Sat.	2/6-5/15	9:45-10:15 a.m.	\$90/\$116
110049-07	3-4	Sat.	2/6-5/15	2:00-2:30 p.m.	\$90/\$116

No Class 2/27, 3/27 and 5/1

Ballet/Tap/Jazz

(Ages 5-10)

Learn how to dance away the winter chills in our fabulous dance studio, and then perform in a recital at the end. Brenda Adams is an experienced instructor and puts a lot of fun into learning the dance styles. Sign up early as there is limited enrollment. Our spring dance recital will be held at the end of the session and those who wish to participate will need to purchase a costume. More information will be handed out at class. Children should have tap and ballet shoes, but specific dance clothing such as a leotard is optional. Registration deadline is January 22.

REC Center Dance Studio Minimum 6 / Maximum 12

CODE	AGE	DAY	DATE(S)	TIME	FEE
110048-01	5-6	Sat.	2/6-5/15	10:30-11:15 a.m.	\$120/\$144
110048-02	7-10	Sat.	2/6-5/15	2:45-3:30 p.m.	\$120/\$144

No Class 2/27, 3/27 and 5/1

Special thank you to Matt Tures Sons Nursery for the donation of the beautiful Christmas tree in the REC Center lobby.



Matt Tures Sons Nursery
Is located in Harvard
815-648-4011

Letters to Santa

Kids don't forget to write your letters to Santa and deliver to the mailbox located in the REC Center lobby.

Last pick-up for Santa's letters is December 12.



Dance Classes



Center Stage Dance Academy offers a fun and energetic program to develop your child's dance technique, self-esteem, and confidence. Our program offers classes from age 3 through adult. Classes are based on age and ability level. If you have any questions as to what class your child should be in, please contact Center Stage Dance Academy at (847) 848-3529.

****The annual dance recital will be held on June 12th & 13th, 2010 at Huntley High School. Costumes will be ordered in January. An additional costume fee will apply. Dancers must participate in both winter/spring sessions in order to be in the recital. Tickets, pictures and videos will be available for purchase.**

TO RECEIVE SIBLING DISCOUNTS, REGISTRATION MUST TAKE PLACE IN PERSON. OLDEST CHILD MUST BE REGISTERED FIRST AND YOUNGER CHILD WILL RECEIVE THE SIBLING DISCOUNT.

Mom & Me

(Ages 2-3 with parent)

Come spend some quality time with your child and learn the basics in ballet, tap and creative movement. Your child will need ballet and tap shoes for class.

REC Center Dance Studio	Minimum 6 / Maximum 15
CODE	DAY DATE(S) TIME FEE
110126-01	Thurs. 1/7-3/25 9:45-10:25 a.m. \$108/\$118
110126-02	Thurs. 4/8-6/3 9:45-10:25 a.m. \$81/\$91

Preschool Dance

(Ages 3-5)

This class offers your young child an introduction to tap, ballet, and creative movement through fun activities and dance routines to some of their favorite songs. Don't miss out on this opportunity for your youngster to learn and grow within the art of dance. Leotard, tights, ballet & tap shoes are required. Hair must be pulled back at all times.

REC Center Dance Studio	Minimum 6 / Maximum 15
CODE	DAY DATE(S) TIME FEE
110127-01	Tues. 1/5-3/23 10:00-10:40 a.m. \$108/\$118
110127-02	Tues. 4/6-6/1 10:00-10:40 a.m. \$81/\$91
110127-03	Wed. 1/6-3/24 11:45-12:25 p.m. \$108/\$118
110127-04	Wed. 4/7-6/2 11:45-12:25 p.m. \$81/\$91
110127-05	Wed. 1/6-3/24 1:30-2:10 p.m. \$108/\$118
110127-06	Wed. 4/7-6/2 1:30-2:10 p.m. \$81/\$91
110127-07	Thurs. 1/7-3/25 11:40-12:20 p.m. \$108/\$118
110127-08	Thurs. 4/8-6/3 11:40-12:20 p.m. \$81/\$91

Center Stage Dance Studio—10631 Wolf Dr., Huntley	Minimum 6 / Maximum 15
CODE	DAY DATE(S) TIME FEE
110127-09	Wed. 1/6-3/24 6:20-7:00 p.m. \$108/\$118
110127-10	Wed. 4/7-6/2 6:20-7:00 p.m. \$81/\$91
110127-11	Sat. 1/9-3/27 10:00-10:40 a.m. \$108/\$118
110127-12	Sat. 4/10-6/5 10:00-10:40 a.m. \$81/\$91
110127-13	Sat. 1/9-3/27 10:50-11:30 a.m. \$108/\$118
110127-14	Sat. 4/10-6/5 10:50-11:30 a.m. \$81/\$91

Preschool Plus

(Ages 4-5)

Must have completed one full year of preschool dance. Expand upon ballet and tap technique and learn across the floor movements.

Center Stage Dance Studio—10631 Wolf Dr., Huntley	Minimum 6 / Maximum 15
CODE	DAY DATE(S) TIME FEE
110128-01	Mon. 1/4-3/22 10:50-11:35 a.m. \$114/\$124
110128-02	Mon. 4/5-6/7 10:50-11:35 a.m. \$86/\$96
<i>No class 5/31</i>	
110128-03	Tues. 1/5-3/23 1:45-2:30 p.m. \$114/\$124
110128-04	Tues. 4/6-6/1 1:45-2:30 p.m. \$86/\$96

Mini Poppers

(Ages 5-6)

For all the little hip hop want-to-be's this is the class for you. Come out for this fun class and learn how to shake your hips with beginner popping and some jazzy hip-hop moves.

Center Stage Dance Studio—10631 Wolf Dr., Huntley	Minimum 6 / Maximum 15
CODE	DAY DATE(S) TIME FEE
110131-01	Wed. 1/6-3/24 5:05-6:05 p.m. \$114/\$124
110131-02	Wed. 4/7-6/2 5:05-6:05 p.m. \$86/\$96
Chesak Elementary School	Minimum 6 / Maximum 15
CODE	DAY DATE(S) TIME FEE
110131-03	Thurs. 1/7-3/25 4:10-4:55 p.m. \$114/\$124
110131-04	Thurs. 4/8-6/3 4:10-4:55 p.m. \$86/\$96

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Ballet/Tap/Jazz Level 1

(Grades K-2)

This fun and energetic class will teach the basic techniques in jazz, ballet, and tap along with current dance trends using across the floor and center floor combinations. Don't miss this chance to sign up for our new weekday dance classes to enrich and entertain your child through dance. Students must have Leotard, tights, ballet or jazz shoes and tap shoes. Hair must be pulled back at all times.

Mackeben School

Minimum 6 / Maximum 15

CODE	DAY	DATE(S)	TIME	FEE
110129-01	Mon.	1/4-3/22	3:40-4:40 p.m.	\$100/\$110
110129-02	Mon.	4/5-5/24	3:40-4:40 p.m.	\$80/\$90

No class 1/18 and 2/15

Chesak Elementary School

Minimum 6 / Maximum 15

CODE	DAY	DATE(S)	TIME	FEE
110129-03	Tues.	1/5-3/23	4:10-5:10 p.m.	\$120/\$130
110129-04	Tues.	4/6-6/1	4:10-5:10 p.m.	\$90/\$100

Hip Hop/Jazz Level 1

(Grades K-2)

Looking to jump into the newest dancing trend and try something more modern? Come and join this fun and energetic class that will teach basic jazz technique and current dance trends in clean hip-hop (street jazz) and popping. Students must have t-shirt, dance or exercise pants (must cover the knees for floor work), jazz or ballet shoes. Hair must be pulled back at all time.

Hannah Martin School

Minimum 6 / Maximum 15

CODE	DAY	DATE(S)	TIME	FEE
110130-01	Wed.	1/6-3/24	3:25-4:25 p.m.	\$120/\$130
110130-02	Wed.	4/7-6/2	3:25-4:25 p.m.	\$90/\$100

Conley School

Minimum 6 / Maximum 15

110130-03	Thurs.	1/7-3/25	3:30-4:30 p.m.	\$120/\$130
110130-04	Thurs.	4/8-6/3	3:30-4:30 p.m.	\$90/\$100

Center Stage Dance Studio—10631 Wolf Drive

Minimum 6 / Maximum 15

110130-05	Wed.	1/6-3/24	5:55-6:55 p.m.	\$120/\$130
110130-06	Wed.	4/7-6/2	5:55-6:55 p.m.	\$90/\$100

Senior/Adult Tap

(Ages 55+)

For all you dancers 55 and over – come on out and bring a friend for this fun and energetic tap class and learn all the basics in tap technique, exercise and have a good time.

REC Center Dance Studio

Minimum 6 / Maximum 30

CODE	DAY	DATE(S)	TIME	FEE
110132-01	Tues.	1/5-3/23	11:30-12:15 p.m.	\$72/\$82
110132-02	Tues.	4/6-6/1	11:30-12:15 p.m.	\$54/\$64

****Higher level classes, adult classes and other styles of dance are also offered. Contact Center Stage Dance Academy for more information or visit www.DanceatCSDA.com.**



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Jazz, Contemporary, Lyrical, Tap,
Ballet, Hip Hop & Tumbling

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