

Stingray Swim Team May 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Practice times: 11 and Up: 6:30-8:30 9 & 10: 8:30-10:00 8 & Under: 9:00-10:00					1	2
3	4	5	6	7 Swim Team Meeting 6:30 pm REC Center	8	9
10	11	12 Swim Team Meeting 6:30 pm REC Center	13	14	15	16
17	18	19 Practice 5:30-6:30pm	20 Practice 5:30-6:30pm	21 Practice 5:30-6:30pm	22	23
24	25	26 Practice 5:00-6:30pm 8 & unders only 5:00-6:00 pm	27 Practice 5:00-6:30 8 & unders only 5:00-6:00 pm	28 Practice 5:00-6:30pm 8 & unders only 5:00-6:00 pm	29	30

Stingray Swim Team June 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
May31	1	2 Practice 5:00-6:30pm 8 & unders only 5:00-6:00 pm	3 Practice 5:00-6:30pm 8 & unders only 5:00-6:00 pm	4 Practice 5:00-6:30pm 8 & unders only 5:00-6:00 pm	5	6
7	8 Practice 5:00-6:30pm 8 & unders only 5:00-6:00 pm	9 Practice 6:30-10:00	10 Practice 6:30-10:00	11 Practice 6:30-10:00 SWIM MEET-AWAY, Elgin 5:30 Warm-up 6:00 Start	12 Practice 6:30-10:00	13
14	15 Practice 6:30-10:00	16 Practice 6:30-10:00 HOME SWIM MEET-Rockford 4:00 Warm-up 5:00 Start	17 Practice 6:30-10:00 Pictures 8:30 am	18 Practice 6:30-10:00	19 Practice 6:30-10:00	20
21	22 Practice 6:30-10:00	23 Practice 6:30-10:00 HOME SWIM MEET-Antioch 4:00 Warm-up 5:00 Start	24 Practice 6:30-10:00 Picture Rain Date 8:30	25 Practice 6:30-10:00	26 Practice 6:30-10:00	27 Algonquin Trail's Invitational Meet Morning: 8 & under, 13-14, & 15-18 Afternoon: 9-10 and 11-12 age groups
28 Algonquin Trail's Rain Date	29 Practice 6:30-10:00	30 Practice 6:30-10:00 SWIM MEET-AWAY, McHenry II		Practice times: 11 and Up: 6:30-8:30 9 & 10: 8:30-10:00 8 & Under: 9:00-10:00		

Stingray Swim Team July 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Practice times: 11 and Up: 6:30-8:30 9 & 10: 8:30-10:00 8 & Under: 9:00-10:00			1 Practice 6:30-10:00	2 Practice 6:30-10:00	3 Practice 6:30-10:00	4
5	6 Practice 6:30-10:00	7 Practice 6:30-10:00 Away Meet – Plum Grove	8 Practice 6:30-10:00	9 Practice 6:30-10:00	10 Practice 6:30-10:00	11
12	13 Practice 6:30-10:00	14 Practice 6:30-10:00 HOME SWIM MEET-Crystal Lake CC 4:00 Warm-up 5:00 Start	15 Practice 6:30-10:00	16 Practice 6:30-10:00	17 Practice 6:30-10:00	18 CONFERENCE MEET @ MCGUIRE
19 Swim Team Banquet and Rubber Ducky Race!	20	21	22	23	24	25
26	27	28	29	30	30	