



2009 MEETING DATES – SWIMMERS AND PARENTS

Please attend one of the meetings

Thursday, May 7 @ 6:30pm

Tuesday, May 12 @ 6:30pm

REC Center, Cosman Cultural Center

Must be registered for swim team prior to attending.

**Swim suit sizing and spirit wear ordering will be done
at the meetings**

*Please read this prior to attending the meeting. Bring this
packet, your calendar, and any questions you may have with you
to the meeting.*

REC Center 847-669-3180
Stingray Bay 847-515-7665 (Pool)
12015 Mill St. Huntley, IL 60142
www.huntleyparks.org

Huntley Park District 2009 Huntley Stingrays Swim Team Information

Welcome to the Huntley Stingrays Swim Team for another great season of swimming and fun! We have built up a strong team with many swimmers who are returning to swim with us! Last season we had over 110 swimmers and we anticipate even more this season.

As you may already know, our swim team will help develop and improve your child's swimming technique, meet new friends, bring families together, improve cardiovascular endurance/body tone, develop self esteem, discipline, and positive self-image while also incorporating teamwork. Swimmers come in all shapes, sizes, and ages (5-18). Our team is open to anyone who can swim a length of the pool freestyle. This sport is not contingent on who comes in first, but what improvement in time was made. It is a terrific feeling when the end of the season comes around and children have improved their abilities and gained self-confidence. This is an extremely gratifying and proud moment for both coaches and parents. The cross-age group nature of the sport has interaction between the older and younger athletes at both practices and meets that is not available in most youth sports. Peer teaching is part of this program.

Registration Information Ages as of June 1, 2009

You can register walk, in, fax, mail -in or online. To register online you must have previously registered for a Park District program and have a FUN PIN number. For information contact the park district at 847-669-3180x0.

You can register on line at www.huntleyparks.org

Please use the following program codes to register. Sibling code is only for the 2nd child and additional children. When registering please be sure to include your email address.

Registration deadline is April 15 or until program fills.

After that date there is a \$10 additional fee and on-line registration is not available after April 15.

You must pay the registration and suit fee when registering

Activity #	Age Group	Fee Res/NR	Activity #	Age Group	Fee Res/NR
802009-01	5-8 Boys	\$180/\$270	802009-06	5-8 Girls	\$180/\$270
802009-S1	Sibling	\$150/\$235	802009-S6	Sibling	\$150/\$235
802009-02	9-10 Boys	\$180/\$270	802009-07	9-10 Girls	\$180/\$270
802009-S2	Sibling	\$150/\$235	802009-S7	Sibling	\$150/\$235
802009-03	11-12 Boys	\$180/\$270	802009-08	11-12 Girls	\$180/\$270
802009-S3	Sibling	\$150/\$235	802009-S8	Sibling	\$150/\$235
802009-04	13-14 Boys	\$180/\$270	802009-09	13-14 Girls	\$180/\$270
802009-S4	Sibling	\$150/\$235	802009-S9	Sibling	\$150/\$235
802009-05	15-18 Boys	\$180/\$270	802009-10	15-18 Girls	\$180/\$270
802009-S5	Sibling	\$150/\$235	802009-1S	Sibling	\$150/\$235
802009-BS	Boys Suit	\$35/\$35	802009-GS	Girls Suit	\$55/\$55

Program Specifics

1. Practices will take place five days a week: Mon.-Fri. in the morning. Thursday's are stroke clinic days (starts, turns, touches, technique, etc.) All times subject to change.
 - 13 years & up 6:30am-8:30am
 - 11 & 12 yrs. 6:30am-8:30am
 - 9 & 10 yrs. 8:30am-10:00am
 - 8 & under 9:00am-10:00am

Please note that we are starting Dry Land conditioning from 5:30-6:30pm on Tuesday, Wednesday, and Thursday May 19th, 20th & 21st at Stingray Bay. Meet out in front of the facility. We are also planning to be in the water Tuesday-Thursday May 26th -28th and June 2nd -4th and June 8. Times will be from 5-6:30pm for all ages. Morning practices start June 9th; this is subject to change pending any snow days that may be added to the school year. Please check the website calendar.

In case of inclement weather we may be able to hold practices indoors, this will be determined on a daily basis.

2. The competitive season runs from June 9th to July 19th, with the above exceptions.
3. Team provides team t-shirt, and swim cap (girls must wear). Swimmer provides suit (to be purchased from the park district), goggles (optional, but recommended), towel, warm clothing (sweatshirt & pants). Ray's café at the pool will be open during swim meets. **What you need for practice:** suit, goggles, swim cap, water bottle, towel, change of clothes, gym shoes and socks for dry land activities. Spirit wear will be available for purchase at the informational parent meetings.
4. Parent Information Meetings
Attending **one** of these meetings is mandatory and critical for ensuring all swimmers have suits for the start of the season. These meetings will also serve as a time to meet your coaches and ask questions about the program. A survival guide for parents will be issued during this meeting along with other pertinent information. Committees will be discussed and within two weeks of this meeting, committees will start to meet.

Please attend one of the meetings.

Bring swimmers and this packet with you.

You will be trying on suits for sizes and placing spirit wear ordered.

Please bring a calendar with you.

THURSDAY, MAY 7, 6:30 PM

TUESDAY, MAY 12, 6:30 PM

Meetings will be held at the REC Center, Cosman Cultural Center

5. Parental observation policy:

The coaches and pool management would like to clarify and communicate to the parents our policy on observing your child while attending practice. We are in support of you wanting to see your son or daughter perform the work being asked of them and see how hard they are working. We ask that you observe from the concession deck area when swim lessons are in session. You will be directed during the first practice as to where to observe from.

Please realize that the facility is impacted by our swim lessons program, and there are many parents with children that congest the deck space area. For the safety of all of our patrons, and keeping consistent with the swim lesson program, we must have cooperation. We will do our best to improve the viewing if possible.

Thank you for helping us provide you and your child a safe and fun place to swim at.

6. There will be a picture day for both team and individual shots. A professional photographer will be taking the photos; more information will be available at a later date.
7. A team swim banquet will be held at Stingray Bay Family Aquatic Center in July. The main dish (chicken, hot dogs) will be provided. A dish to pass will be asked by each family. Awards and trophies will be distributed. More details will be forthcoming. Also, this typically is the date for the Rubber Ducky Race!!
8. Each swimmer and coach will have his or her own folder at the Stingray Bay. This folder is where all pertinent information is given to the swimmer and family on upcoming meets, directions, events, and activities. It is very important that the swimmer checks it daily. Any notes or information to the coaches can be placed in these folders as well.
9. Dual meet ribbons:
 - Ribbons will be awarded for **Home meets** 1st-6th place for Individual events
 - Ribbons will be awarded for **Home meets** 1st-6th place for Relay events

14. New Website!

We are pleased to announce that the swim team has a website! This will be ideal for parent information and questions. We anticipate using the website to post which swimmers are signed up for particular meets and event they are swimming! Please visit the website for more information.

<http://huntleyparks.org/> Click on aquatics, then on Huntley Stingray Swim Team

15. Swim Team Coaches for the 2009 season are: Laura Strebler, Brett Bocian, and Shannon Butler, Mrs. Regan, Elena Pelligrino.

16. Parental Participation (very important and critical to the success of the program)

Having a swimmer on a swim team **makes you a participant and not a spectator**. In order for this team to be successful for our swimmers, coaches and families, it requires commitment and participation from all the swim team parents.

Families will be asked to support the team in the following ways:

1. Provide manpower for home meets. To make it fair each family will be asked to work a **home** meet. (Timers, runners, bullpen, ribbon writers.)
2. Provide manpower at away meets if asked.
3. Provide officials/judges at home and away meets. Certified officials/judges only.

OFFICIAL'S TRAINING:*Note: In order for our swim meets to run smoothly, we need parents to volunteer as officials. We would like to add at least 2 more officials to our roster for next year. As of now there isn't a scheduled training session. If you are interested in becoming an official for the 2009 season please contact Laura Strebler @ 847-847-6444 or ltstrebler@hotmail.com Officials are needed at all home meets and occasionally at away meets. You will be paid for working home meets only.

4. Be sure your swimmer arrives on time for meets for warm-ups.
5. Support our fundraising activities.

Committees will need to be established and your involvement is appreciated. More information will be available at our informational meetings in May.

Committees needed:

1. **Stingray Spirit Wear-Apparel** (hooded sweatshirts, T-shirts, etc.) Volunteers will calculate orders and distribute apparel.
2. **Social-** Volunteers will plan social activities for the team (roller skating party, day at the movies, tie dye day, dairy mart day, etc.)
3. **Fundraising** - Volunteers will keep track of sales and donations for the fundraiser...2nd Annual Rubber Ducky Race.
4. **Welcoming** - Volunteers will help out those new families to the team by answering any questions they may have throughout the season.

GREAT NEWS!.....GREAT NEWS!.....GREAT NEWS!.....GREAT NEWS!

Huntley Youth Sports Organization (HYSO) is donating funds to Huntley Stingrays. Funds from HYSO and the Rubber Ducky Race will be used for a new timing system.

The new timing system will assist us in conducting home meets much smoother and more accurate.

**North Central Illinois Swim Conference (NCISC)
Meet Schedule- 2009**

“B” Conference

- 8) Elgin
- 9) Rockford
- 10) Crystal Lake
- 11) Huntley
- 12) McGuire Aquatics
- 13) Antioch
- 14) Plum Grove
- 15) McHenry II

Six Meet Dual Schedule (Away – Home)

<u>June 11H</u>	<u>June 16</u>	<u>June 23</u>	<u>June 30</u>	<u>July 7</u>	<u>July14</u>
11 at 8	8 at 12	10 at 8	8 at 14	15 at 8	8 at 9
10 at 9	9 at 11	14 at 9	9 at 13	9 at 12	10 at 11
12 at 14	15 at 10	13 at 11	12 at 10	13 at 10	12 at 13
13 at 15	14 at 13	15 at 12	11 at 15	11 at 14	14 at 15

Other Meet Dates:

June 27 – Algonquin Invitational

July 16: Dual Meet Rain Date

July 18: “B” Conference Championship Meet at McGuire Aquatics

Home dual meets begin at 5:00 pm swimmers must be at site at 4:30 pm.
We will update you on away meets as information is provided.

DIRECTIONS TO FOLLOW

**Huntley Park District
Stingray Swim Team
Rules and Regulations**

Tobacco/Alcohol/Drug use or possession

Any swimmer who has been determined to have used or found to be in possession of tobacco, alcohol or illegal drugs while in attendance at practice, a meet or any other Park District function, will be dismissed immediately from the team. Reinstatement will be at the total discretion of the Coaches and Park District. **No exceptions will be made.**

Practice

It is each swimmer's responsibility to arrive at practice on time and ready to swim in the proper attire (swim suit, cap, goggles, etc.) Late arrival and failure to begin practice on time is disruptive and shows a lack of respect to the Coaches and team members. Continuous tardiness may result in the swimmers dismissal from the next scheduled meet. Emergencies are taken into consideration and any discrepancies should be discussed between the parent and Coach. Proper conduct in the locker rooms and pool deck is expected at all times; there will be no swearing, fighting or horse play.

Meet Behavior

Appropriate behavior and good sportsmanship is expected from all swimmers at every meet. This includes respect for pool staff, officials, judges, timers, coaches and facility. Swimmers are to be courteous at all times to guests and other swimmers; to congratulate their opponents, win or lose, and to respect all property of others. Support and encouragement of all teammates will continue to be reinforced. Proper conduct in the locker rooms and pool deck is expected at all times; there will be no swearing, fighting or horse play.

Swimmers must notify their coaches in writing at least two days prior to a meet if they cannot attend a meet that they have previously committed to attend. This is extremely important - Coaches spend hours working on a line-up to make sure that each swimmer gets to swim the maximum number of events possible. Not showing up at meet can also cause a relay to be scratched and wastes a swim that another swimmer may have liked to do. A no show at a meet which a swimmer has previously committed to will be excluded from participating in the next scheduled meet. Again, emergencies that cannot be avoided will be taken into consideration.

Consequences

First Incident: Swimmer will be warned and counseled; parent or guardian will be notified.

Second Incident: Swimmer will be dismissed from practice; parent or guardian will be notified as well as the appropriate Park District staff. Participation in the next meet will be at the Coaches discretion.

Third Incident: Swimmer will be dismissed from practice; parent or guardian and Park District staff will be notified, and the swimmer will not participate in the next meet.

Any further incidents will result in dismissal from the team for the remainder of the season (with no refund). The swimmer and parents/guardian will be given the opportunity to meet with the Coach or Coaches and appropriate Park District staff prior to any dismissal action.

The above stated disciplinary action will also apply at all meets and other Park District functions.

Any questions regarding these Rules and Regulations may be addressed to a Coach or appropriate Park District staff.

Swimmer #1 Signature

Parent Signature

Swimmer #2 Signature

Parent Signature

Swimmer #3 Signature

Parent Signature

Swimmer #4 Signature

Parent Signature

Date: _____

Please note that both SWIMMER and PARENT must sign this form in order for the swimmer to participate with the Huntley Stingray Swim Team.