

Stingray Swim Team May 2010

*Updated 5/12/10

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6 <u>Informational Meeting</u> 6:30-8, New Families 7:15-8, Experienced Families	7	8
9	10	11 <u>Informational Meeting</u> 6:30-8, New Families 7:15-8, Experienced Families	12	13	14	15
16	17	18 Dryland @ the pool 5:30-6:30	19 Dryland @ the pool 5:30-6:30	20 Dryland @ the pool 5:30-6:30	21	22
23	24 Evening Practice 11 & up:4:00-5:00 9 & 10's:5:00-6:00 8 and unders: 5:45-6:30	25 Evening Practice 11 & up:4:00-5:00 9 & 10's:5:00-6:00 8 and unders: 5:45-6:30	26 Evening Practice 11 & up:4:00-5:00 9 & 10's:5:00-6:00 8 and unders: 5:45-6:30	27 Evening Practice 11 & up:4:00-5:00 9 & 10's:5:00-6:00 8 and unders: 5:45-6:30	28	29
30	31 Memorial Day				Morning Practice times: The Whiprays: 7:00 am-8:30am The Manta Rays: 8:00am-9:15am The Butterfly Rays: 9:00am-10:00am	

Stingray Swim Team June 2010

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Morning Practice Evening Practice 5-6	2 Morning Practice Evening Practice 5-6	3 Morning Practice Evening Practice 5-6	4 Morning Practice	5
6	7 Morning Practice	8 ^{Morning Practice} Mock Meet @ home *All Age Groups practice 8:00am-10:00am	9 Morning Practice	10 Morning Practice Tie-Dye Day after practice!	11 Morning Practice	12
13	14 Morning Practice Game Day after practice!	15 Morning Practice Away Meet @McGuire Aquatics	16 Morning Practice Pictures! 9am	17 Morning Practice	18 Morning Practice	19
20	21 Morning Practice	22 ^{Morning Practice} Home Meet: Antioch Be there: 3:45, warm-ups: 4:00, start: 5:00	23 Morning Practice Picture Rain Date 9am	24 Morning Practice	25 Morning Practice	26
27	28 Morning Practice	29 ^{Morning Practice} Home Meet: Crystal Lake Country Club Be there: 3:45, warm-ups: 4:00, start: 5:00	30 Morning Practice			

Stingray Swim Team July 2010

*Updated 5/12/10

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Morning Practice	2 Morning Practice Game Day after practice!	3
4	5 No practice	6 Morning Practice Away Meet @ Algonquin Trails	7 Morning Practice	8 Morning Practice Away Meet@ Plum Grove	9 Morning Practice	10
11	12 Morning Practice	13 Morning Practice Home Meet: McHenry II Be there: 3:45, warm-ups: 4:00, start: 5:00	14 Morning Practice	15 Morning Practice Dual Meet Rain Date	16 Morning Practice	17 Conference Swim Meet @McGuire Aquatics
18 Family Banquet	19	20	21	22	23	24
25	26	27	28	29	30	

<p>Morning Practice times: The Whiprays: 7:00 am-8:30am The Manta Rays: 8:00am-9:15am The Butterfly Rays: 9:00am-10:00am</p>
